

Professional training in Reflexology  
to Diploma level



Central London  
College of  
*Reflexology*



Some former students



Central London  
College of  
*Reflexology*

Achieve a rewarding  
and exciting career in reflexology

Association of Reflexologists,  
Level 3 Diploma in Reflexology  
accredited by the  
Awarding Body Consortium (ABC).

Tel: 020 7240 1438

# Welcome to the central London College of Reflexology

Thank you for your enquiry regarding our professional training courses. As one of the first reflexology colleges in London, we have laid the foundations of a method of teaching which has been adopted by a number of other colleges.

Choosing the right course is always difficult. The qualification you receive from Central London College of Reflexology is of the highest standard and widely recognised.

Our College was established in 1989 and our training meets and exceeds the requirements set out by the House of Lords report on Complementary and Alternative Medicine (2000), and the Reflexology Forum.

We have gained a reputation for providing the most professional, comprehensive and informative courses available. Graduates receive our help to obtain work within NHS trusts, hotels, businesses, health clubs and spas.

The college has a clinic attached to it where Podiatry, Reflexology, Colonic Hydrotherapy, Psychotherapy and Life Coaching are offered, **[www.keetclinic.com](http://www.keetclinic.com)**

Call our administration department on 020 72401438 or visit our website **[www.reflexologycollege.com](http://www.reflexologycollege.com)**

# What is reflexology?



**“Reflexology is the application of specific pressures to reflex points in the hands and feet” William Fitzgerald (1872 – 1942)**

## **HISTORY**

Reflexology has been practised for thousands of years. One of the earliest records of this therapy is depicted in a painting within the ‘Physician’s Tomb’ in Egypt; it shows a practitioner treating a patient with hand and foot reflexology and was painted 5000 years ago.

Reflexology was also practised by the Native American Indians and in China.

## **REFLEXOLOGY TODAY**

Opportunities for reflexologists are rapidly increasing. It is estimated that

1.5 million people will visit a reflexologist annually. 1.5 billion pounds is spent on complementary therapies in the UK.

## **ASSOCIATION OF REFLEXOLOGISTS [www.aor.org.uk](http://www.aor.org.uk)**

Our course is accredited by the AOR, the largest governing body of reflexology in the UK with over 20,000 members worldwide.

# Benefits of reflexology

All organs and structures in the body are represented in the hands and feet.  
Stimulation of specific areas (reflex points) will have a positive affect on that area of the body.

Some benefits are:

- **Healing**
- **Detoxification**
- **Relaxation**
- **De-stressing**
- **Improved circulation**
- **Improved nerve conduction**
- **Stimulates self-healing.**



The Central London College of Reflexology has a book called Hand reflexology published by Hamlyn.

The image shows a page from a book titled "digestive system". It features two large diagrams of hands, one for the left hand and one for the right hand, with various reflex points labeled. Below these are several smaller diagrams illustrating specific reflexology techniques for different parts of the digestive system, such as the stomach, liver, and intestines. Each diagram includes a small inset image showing the hand being treated and a corresponding time or duration for the treatment.

A comprehensive guide to hand reflexology with simple and effective treatments to relieve common conditions in the body.

# Continuing Professional Development (CPD)

## What is it?

CPD is a process which helps to ensure all qualified Reflexologists continue to learn, develop their practice and to raise the professional profile of Reflexology

CPD's, we have developed a range of exciting courses, taught by experienced tutors. Each course will give you new skills to add to your practice as well as giving you CPD points

## Do I need to undertake CPD?

To remain a full member of the AOR, it is now obligatory to carry out CPD training, and you need to average 20 points per year

These courses are suitable for both student and qualified reflexologists. Our courses are worth between 7 and 14 points.

## Our Courses

In response to the introduction of

We have a dedicated website for more details on these courses

[www.reflexologycpd.com](http://www.reflexologycpd.com)

## Course information

### Head Massage 14 points

This popular course will teach you the skills to be able to safely give a relaxing head and neck massage, and reinforces this by working with cross reflexes of the body. It includes Ear Reflexology (Auriculotherapy) and Body First aid Techniques.

### Maternity Reflexology 14 points

There is a rapidly growing interest in the use of Reflexology in maternity care. There is now evidence that reflexology can be useful to aid conception and to support the woman through pregnancy and birth. The theory addresses lifestyle factors and reflexology to support women. The afternoon will be spent learning techniques helping you adapt your usual sequence.

### Hopi Ear Candling, Crystal Healing/Thermal Stone Therapy 7 points

Candles were used by the Native American Indians; it is based on the 'chimney effect'. Crystals balance the Chakra's and we introduce you to Dowsing (Stones or Crystals on a pendulum to answer questions and solve problems to help you treat clients. Thermal Stones in Reflexology provide deep relaxation.

### **Counselling Skills & EFT (Emotional Freedom Techniques) 14 points**

This experiential course looks at what Counselling is and its relevance to the Complementary therapist. You will learn and practice basic Counselling skills and learn how to manage your own feelings to client's issues. Practical work will give you some insight into yourself and how others perceive you.

### **Chinese Foot Massage 14 points**

The CFM sequence uses cream to allow knuckles to work the reflex areas deeply to aid stimulation. There is also more emphasis on draining toxins away from the foot and stimulating lymphatic drainage through massage.

### **Reflexology and Cancer 14 points**

Reflexology is effective for clients living with or affected by cancer. It can relieve pain, alleviate symptoms and help support emotionally. The morning will be spent looking at cancer, the different types, the causes and specific treatments available. The afternoon will consist of adapting treatments using specific techniques.

### **Foot Reading 14 points**

This is fascinating and wholly unusual course. The personality and emotions are laid bare through the size, shape, colour, etc of our feet. You can put into practice these skills which can be used to impress your patients, or to seriously assess a person's personality within seconds.

### **Reflexology Refresher Day 7 points**

This course is useful if you have not practiced in a while, getting rusty or want to brush up on your skills. It is a practical based course and you will carry out a case study and discuss challenging clients with colleagues and tutors.

### **Spinal Reflexology 7 points**

This is based on stimulating the spinal reflexes on the feet. You will be able to effectively energise each individual vertebrae and this will help to identify nerve roots out of balance. Students will learn to recognize the organs in the body that are not functioning correctly through the spinal reflexology treatment.

### **Hand Reflexology 7 points**

Most people associate reflexology with feet, but hand reflexology has certain advantages. For example, it can be used in situations where there is neither space nor time to work on the feet. This course teaches the techniques of Hand Reflexology and the situations they can be applied.

### **First Aid (Red Cross)**

First aid is emergency care given immediately to an injured person. The purpose of the course is to minimize injury and future disability. It is essential for every therapist and is a requirement by the AOR to have this certificate and renew it every 3 years.

# CPD (Continuing Professional Development) courses for 2009

## **HEAD MASSAGE WITH EARS AND HAND REFLEXOLOGY**

19th April (Sun), 4th September (Fri)

## **MATERNITY REFLEXOLOGY**

6th February (Fri), 23rd May (Sat), 12th September (Sat),  
4th December (Fri)

## **HOPI EAR CANDLES, CHAKRA CRYSTALS AND THERMAL STONE REFLEXOLOGY**

22nd February (Sun), 5th June (Fri), 10th October (Sat)

## **COUNSELLING SKILLS & EFT (Emotional Freedom Technique)**

22nd March (Sun), 25th September (Fri)

## **CHINESE FOOT MASSAGE AND LYMPHATIC DRAINAGE**

15th March 09 (Sun), 26th June (Fri), 24th October (Sat)

## **REFRESHER REFLEXOLOGY DAY**

1st April (Wed), 20th November (Fri)

## **SPINAL REFLEXOLOGY**

25th April (Sat), 23rd October (Fri)

## **REFLEXOLOGY AND CANCER**

24th April (Fri), 11th September (Fri)

## **HAND REFLEXOLOGY**

21st February (Sat), 2nd May (Sat), 22nd May (Fri), 10th July (Sat)

## **FOOT READING**

14th March (Sat), 24th May (Sun), 18th July (Sat)

## **FIRST AID**

18th February (Wed) , 8th April (Wed), 8th July (Wed), 7th October (Wed)

**ALL CPD'S ARE £125 (includes lunch and a certificate)**

For more information visit [www.reflexologycpd.com](http://www.reflexologycpd.com) (telephone 020 7240 1438)

# The team



**Michael Keet** D.PodM MAR P.G.C.E.

*Principal / Main Course Tutor*

Michael has been a Podiatrist and reflexologist for over 20 years. He works part-time for the NHS and has appeared on many health programmes on TV including SKY 1; Diet Doctors on Channel 4 and GMTV with Lorraine Kelly. Michael has treated many celebrities and sports personalities.



**Sally Earlam** BSc RGN MAR P.G.C.E.

*Main Course Tutor / CPD Coordinator*

Sally has been a registered nurse for over 20 years and a reflexologist for 10 years. She has a busy private practice with her main focus being maternity reflexology from conception to Post-natal care. Sally co-ordinates Additional courses/CPD's.



**Nena Jukes** D.PodM MAR

*Main Course Tutor*

Nena has been a Podiatrist for over 20 years and a reflexologist for 12 years. Nena works for an NHS trust as a Diabetic specialist Podiatrist and also has a successful private practice in an Integrated Complementary clinic in Suffolk.



**Sophie Gooley** MAR

*Main Course Tutor*

Sophie has been a reflexologist for 8 years and she set up a palliative care clinic and coordinated the Complementary Therapies Department at the Chelsea & Westminster Hospital in London.



**Sharon Powell** MAR

*Assistant Tutor*

Sharon has been a reflexologist for 6 years. Her main focus is on practical skills at CLCR. Sharon is a Spiritualist Medium and Reiki Healer and practices Cranio-Sacral Reflexology.



**Jane Long** ITEC (dip), MAR

*Assistant Tutor*

Jane has been practicing reflexology for 3 years and works as a Colonic Hydrotherapist and Hot Stone Therapist at the Keet Clinic. Jane helps run practical classes and client studies at the college.



**Akiko Yoshioka** MAR

*Student Contact and Japanese Interpreter*

Akiko has been practicing reflexology for 3 years and also works at the Cancer Resource Centre in London. Akiko is support tutor for our Japanese students.

**気軽に相談下さい。日本語でサポート致します。**



**Charles DeGraft-Johnson** BSc LCHDip, MAR

*Administrator*

Charles is a reflexology graduate, life coach and business IT specialist. Charles provides support for students and graduates and helps to design websites and promote their business.

# Diploma Course Training Syllabus

- 1** The History and Principles of Reflexology and Zone Therapy
- 2** Reflexology and common ailments
- 3** Contra Indications and ways to adapt treatment to client condition
- 4** Reflexology and Stress Management
- 5** Anatomy and Physiology
- 6** Systems of the human body and common disorders
- 7** Common and Uncommon Foot Conditions
- 8** Effective and Holistic Client evaluation
- 9** Other Integrated Therapies
- 10** Practice Management Skills
- 11** Professional Ethics
- 12** Setting up a practice – building up and maintaining a client base
- 13** The Stress Cycle
- 14** Understanding Energy Pathways
- 15** Consultation skills and case history taking
- 16** Detailed demonstrations and supervised practices with clients
- 17** Reflex points which are out of balance with common conditions
- 18** Individual treatment plans and meeting your client's needs
- 19** Observation Skills
- 20** Hand Reflexology
- 21** Revision Classes with Mock Exams

# Japanese Students



セントラルロンドンカレッジオブリフレクソロジーへようこそ。  
私たちは15年以上の日本人リフレクソジストへの指導経験を持っています。

校長であるマイケル・キートは日本のRAJA リフレクソロジー協会の設立に貢献し、また英国式リフレクソロジー横浜スクールで教えた経験もあります。

セントラルロンドンカレッジオブリフレクソロジーのインターナショナル学生として、学生ビザを申請することができます。その為には週15時間、学校で勉強する必要があります。

学生ビザについての詳細は以下までお問合せください。

-Eメール : [clsrstudents@aol.com](mailto:clsrstudents@aol.com) (英語)

-日本人サポーターのあきこ宛 (日本語)

Eメール : [refleaki@aol.com](mailto:refleaki@aol.com)

電話 : イギリス国外から : +44 7977 540 712

イギリス国内から : 07977 540 712

セントラルロンドンカレッジオブリフレクソロジーは、ロンドンの中心にある、おしゃれな街コベントガーデンにありとても便利です。

また、イギリス人をはじめヨーロッパの国々から、そして日本人と国際色豊かな学校です。新しいキャリアを学ぶとともに多くの友人を作ることができます。

本場イギリスでリフレクソロジーを学びながら、充実したイギリス生活を体験してみませんか。

# Arabic students



## الأسئلة المتكررة

لندن سنترال كولج للريفلوكسولوجي ترحب بكم في مركزها في كوفنت جاردن قلب لندن. نرحب بالطلاب من مختلف الدول العربية للالتحاق في معهدنا لتناول دروس فن الريفلوكسولوجيا على أيد أساتذة وخبراء في هذا الفن الذي يعود تاريخه إلى عهد الفراعنة في مصر، والذي يساعدك لمعالجة وشفاء كافة الآلام والاضطرابات الشائعة، النفسية منها والجسدية.

يستغرق مدة هذا التخصص تسعة أشهر فقط ومنها تتأهل على شهادة abc وهي معترف بها عالميا. أنا هنا دائما لكي أساعدك مدة الدراسة، وقد تخرج من معهدنا عددا وافرا من الطلاب من مختلف الدول العربية، وكما بإمكاننا تأمين برنامجا للمستشفيات ومؤسسات تعليم خاصة للذين يرغبون في تطوير وانتشار هذه المهنة في كافة البلدان العربية كما حققناه في مستشفى السلطان قابوس في مسقط-عمان.

لزيادة من المعلومات اتصلوا على عنواننا الإلكتروني: [clsrstudents@aol.com](mailto:clsrstudents@aol.com)  
أو الاتصال بي شخصيا على عنواني الإلكتروني: [reflexran@aol.com](mailto:reflexran@aol.com)

# Frequently asked questions

## **1 How long is the course and can I work whilst studying?**

The ABC level 3 diploma is 9 months long and is a part time course. Our course is designed for people in full or part-time employment.

We provide placements for our students to practice at, such as Hospices, support centres and charity events including; Sotheby's Christmas Party, Yoga Show, Socceraid, walk for life and the Mind Body and Soul Exhibition at Olympia in London.

## **2 Can I visit the college out of my normal class hours?**

Yes, we have case study evenings on Mondays and reflexology practice evenings on Thursdays.

## **3 I have not taken an exam in years, how will I cope?**

The exam consists of questions requiring short answers. Our tutors are available to help students with study techniques and any other issues that may arise during the course.

## **4 How old do I have to be to attend the course?**

The ABC requires you to be over 18.

## **5 If I miss a class, could I catch up?**

Yes, alternative classes are available to you as long as you give us notice.

## **6 Who teaches me and what facilities do you have?**

We have 4 Main Course Tutors and 2 assistant Tutors as well as several helpers.

The college has large classrooms with comfortable desk-chairs.

## **7 How many learners are there in each class?**

8-12 per practical class to ensure guaranteed individual attention.

## **8 Can I get a job after I graduate?**

You will receive a diploma in reflexology and be entitled to use the letters MAR after your name You will be placed on the Association of Reflexologists register and be added free of charge to our dedicated we site

**[www.reflexologypages.co.uk](http://www.reflexologypages.co.uk)** which is a directory of qualified reflexologists, allowing potential clients to find you on a web search.

## **9 Where would I be able to work as a reflexologist?**

You will find work in hospitals, NHS trusts, GP surgeries, Complementary therapy clinics, gyms, care homes, Hospices, cruise liners, work from home or have a domiciliary practice.

## **10 How much does a reflexologist charge?**

An hour long session would cost between £25 and £75.

Check our website out **[www.reflexologycollege.com](http://www.reflexologycollege.com)**

# Additional Information/International Students

Most classes are held at 62/70 Shorts Gardens, Covent Garden, London, WC2H 9AB. The closest underground stations are Covent Garden, Holborn and Tottenham Court Road. There is free limited street parking all day Sunday.

To register, complete the form on page 17, and send a £300 deposit or course fee to secure a place. Total cost of course is £1404.13. Course fees do not include first aid, exam fees (£75) or AoR membership (£40).

## International Students

### Overseas student visas arranged.

At the Central London College of Reflexology we have many students from all over the globe. We are registered with the Department for Education and listed on their website [www.dfes.gov.uk/providersregister](http://www.dfes.gov.uk/providersregister) and we are a Borders UK Agency sponsor.

### As an international student at CLCR you will receive:

- A Government-Approved (ABC) Level 3 Diploma in Reflexology.
- Private Tutorials in Health Promotion.
- A multitude of clinical reflexology sessions.
- Use of college premises to conduct case studies.

- A government-Approved (ABC) Level 3 Diploma in Reflexology.
- Private Tutorials in Reflexology practical skills



- Assistance in discounted accommodation in London
- 30% discount travel on public transport with the Oyster Scheme
- A student work visa entitling you to work in the UK
- Full price of course for international students is £2937.50
- 15 hours per week experience at the college/clinic



## WEEKEND COURSES 2009

### February 2009 Weekend Group

Day 1	Saturday	14-Feb	10am-6pm
Day 2	Sunday	15-Feb	10am-6pm
Day 3	Sunday	8-Mar	10am-6pm
Day 4	Saturday	28-Mar	10am-6pm
Day 5	Sunday	29-Mar	10am-6pm
Day 6	Saturday	16-May	10am-6pm
Day 7	Saturday	13-Jun	10am-6pm
Biz Day	Saturday	27-Jun	10am-6pm
Day 8	Saturday	11-Jul	10am-6pm
A&P	Saturday	25-Jul	10am-6pm
A&P	Sunday	26-Jul	10am-6pm
Day 9	Saturday	15-Aug	10am-6pm
Day 10	Saturday	19-Sep	10am-6pm
Day 11	Saturday	17-Oct	10am-6pm
Exam	Friday	20-Nov	10am-6pm

### April 2009 Weekend Group

Day 1	Saturday	25-Apr	10am-6pm
Day 2	Sunday	26-Apr	10am-6pm
Day 3	Sunday	17-May	10am-6pm
Day 4	Sunday	7-Jun	10am-6pm
Biz Day	Saturday	27-Jun	10am-6pm
Day 5	Sunday	28-Jun	10am-6pm
A&P	Saturday	25-Jul	10am-6pm
A&P	Sunday	26-Jul	10am-6pm
Day 6	Sunday	2-Aug	10am-6pm
Day 7	Sunday	6-Sep	10am-6pm
Day 8	Sunday	4-Oct	10am-6pm
Day 9	Sunday	1-Nov	10am-6pm
Day 10	Sunday	6-Dec	10am-6pm
Day 11	Sunday	17-Jan	10am-6pm
Exam	Friday	5-Feb	10am-6pm

### June 2009 Weekend Group

Day 1	Saturday	20-Jun	10am-6pm
Day 2	Sunday	21-Jun	10am-6pm
Day 3	Sunday	12-Jul	10am-6pm
A&P	Saturday	25-Jul	10am-6pm
A&P	Sunday	26-Jul	10am-6pm
Day 4	Saturday	1-Aug	10am-6pm
Day 5	Sunday	16-Aug	10am-6pm
Day 6	Sunday	20-Sep	10am-6pm
Day 7	Sunday	18-Oct	10am-6pm
Day 8	Sunday	15-Nov	10am-6pm
Day 9	Sunday	29-Nov	10am-6pm
Biz Day	Sunday	17-Jan	10am-6pm
Day 10	Sunday	31-Jan	10am-6pm
Day 11	Sunday	28-Feb	10am-6pm
Exam	Friday	12-Mar	10am-6pm

### August 2009 Weekend Group

Day 1	Sunday	9-Aug	10am-6pm
Day 2	Sunday	23-Aug	10am-6pm
Day 3	Saturday	5-Sep	10am-6pm
Day 4	Saturday	3-Oct	10am-6pm
Day 5	Sunday	25-Oct	10am-6pm
Day 6	Saturday	7-Nov	10am-6pm
Day 7	Saturday	12-Dec	10am-6pm
Biz Day	Sunday	17-Jan	10am-6pm
Day 8	Saturday	30-Jan	10am-6pm
A&P	Saturday	6-Feb	10am-6pm
A&P	Sunday	7-Feb	10am-6pm
Day 9	Sunday	21-Feb	10am-6pm
Day 10	Sunday	28-Mar	10am-6pm
Day 11	Sunday	18-Apr	10am-6pm
Exam	Friday	7-May	10am-6pm

DATES ARE SUBJECT TO CHANGE

## WEEKEND COURSES 2009

### September 2009 Weekend Group

Day 1	Saturday	26-Sep	10am-6pm
Day 2	Sunday	27-Sep	10am-6pm
Day 3	Sunday	11-Oct	10am-6pm
Day 4	Saturday	31-Oct	10am-6pm
Day 5	Saturday	14-Nov	10am-6pm
Day 6	Saturday	28-Nov	10am-6pm
Day 7	Saturday	12-Dec	10am-6pm
Biz Day	Sunday	17-Jan	10am-6pm
Day 8	Saturday	30-Jan	10am-6pm
A&P	Saturday	6-Feb	10am-6pm
A&P	Sunday	7-Feb	10am-6pm
Day 9	Sunday	21-Feb	10am-6pm
Day 10	Sunday	28-Mar	10am-6pm
Day 11	Sunday	18-Apr	10am-6pm
Exam	Friday	25-Jun	10am-6pm

### November 2009 Weekend Group

Day 1	Saturday	21-Nov	10am-6pm
Day 2	Sunday	22-Nov	10am-6pm
Day 3	Saturday	5-Dec	10am-6pm
Day 4	Sunday	13-Dec	10am-6pm
Day 5	Saturday	9-Jan	10am-6pm
Day 6	Sunday	10-Jan	10am-6pm
Biz Day	Sunday	17-Jan	10am-6pm
A&P	Saturday	6-Feb	10am-6pm
A&P	Sunday	7-Feb	10am-6pm
Day 7	Saturday	13-Mar	10am-6pm
Day 8	Saturday	10-Apr	10am-6pm
Day 9	Saturday	8-May	10am-6pm
Day 10	Saturday	12-Jun	10am-6pm
Day 11	Saturday	7-Aug	10am-6pm
Exam	Friday	17-Sep	10am-6pm

## FRIDAY COURSES 2009

### February 2009 Friday Group

Day 1	Friday	13-Feb	10am-6pm
Day 2	Friday	27-Feb	10am-6pm
Day 3	Friday	6-Mar	10am-6pm
Day 4	Friday	27-Mar	10am-6pm
Day 5	Friday	17-Apr	10am-6pm
Day 6	Friday	15-May	10am-6pm
Day 7	Friday	12-Jun	10am-6pm
Biz Day	Sunday	27-Jun	10am-6pm
Day 8	Friday	10-Jul	10am-6pm
A&P	Saturday	25-Jul	10am-6pm
A&P	Sunday	26-Jul	10am-6pm
Day 9	Friday	14-Aug	10am-6pm
Day 10	Friday	18-Sep	10am-6pm
Day 11	Friday	16-Oct	10am-6pm
Exam	Friday	20-Nov	10am-6pm

### September 2009 Friday Group

Day 1	Friday	11-Sep	10am-6pm
Day 2	Friday	25-Sep	10am-6pm
Day 3	Friday	9-Oct	10am-6pm
Day 4	Friday	30-Oct	10am-6pm
Day 5	Friday	14-Nov	10am-6pm
Day 6	Friday	11-Dec	10am-6pm
Day 7	Friday	8-Jan	10am-6pm
Biz Day	Sunday	17-Jan	10am-6pm
A&P	Saturday	6-Feb	10am-6pm
A&P	Sunday	7-Feb	10am-6pm
Day 8	Friday	19-Feb	10am-6pm
Day 9	Friday	12-Mar	10am-6pm
Day 10	Friday	2-Apr	10am-6pm
Day 11	Friday	7-May	10am-6pm
Exam	Friday	4-Jun	10am-6pm

**DATES ARE SUBJECT TO CHANGE**

# Enrolment form for ABC Level 3 Diploma in Reflexology

**Name** .....

**Address** .....

.....

.....

**Telephone** (Home)..... (Work) .....

(Mobile) .....

**e-mail address** .....

**Occupation** ..... **Date of Birth** .....

Why do you want to be a Reflexologist? .....

.....

Where did you hear of us? .....

**I wish to enroll for the course commencing on**.....

I enclose total fee/deposit of £300 .....

Signature ..... Date .....

Total course fee is **£1404.13 (International Student course fee £2937.50)**

Cheques should be made payable to:

*CLCR and sent to;*

62/70 Shorts Gardens Covent Garden, London, WC2H 9AB

# ENROLMENT FORM /CPD/ADDITIONAL/FIRST AID COURSES

**Name**.....

**Address**.....

**Telephone (Mobile)**.....

**Telephone (Work)**.....

**Email address**.....

**D.O.B.**.....

**Which course(s) and date(s) would you like to enrol for?**

**Signature**..... **Date**.....

The total course fee is £125, please send a deposit of £75.00.

Cheques should be made payable to:

CLCR

62/70 Shorts Gardens, Covent Garden, London, WC2H 9AB

CPD payments are non-refundable

## How to find us



Central London College of Reflexology  
62/70 Shorts Gardens Covent Garden,  
London, WC2H 9AB

Mob: 079 5627 6788

Tel: 020 7240 1438

Fax: 020 7900 2606

[www.reflexologycollege.com](http://www.reflexologycollege.com)

email: [clsrstudents@aol.com](mailto:clsrstudents@aol.com)

ACCREDITED BY THE ASSOCIATION OF REFLEXOLOGISTS

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Students at Yoga Show, Olympia.



Mind, Body & Soul Exhibition, Olympia.

## Student Feedback

"A friend recommended the reflexology course at Central London College of Reflexology and I was delighted to start in the course in May 2004, swapping treatments with other students on the course proved invaluable and not only improved my technique but gave me some well needed confidence and support, highly recommended"

**Susan Brown, age 34**

"The course changed my life as I wanted to go in a new direction but thought I was too old! I have got a few private clients and my practice is building. Thanks Mike and Sally for everything"

**John, age 53**

"Thank you for all you've taught me over the past year, I've met good friends through the course and gained a skill that will hopefully lead to a positive future for me"

**Thomas, age 29**



Students revising for an exam



Practical demonstration

Central London College of Reflexology  
62/70 Shorts Gardens  
Covent Garden  
London, WC2H 9AB  
tel 020 7240 1438  
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